

“ All human beings are born

Art.  
01

free and  
equal

in dignity and rights ”

“ Everyone is entitled to all the

Art.  
02

rights and  
freedom

set forth in this Declaration  
without distinction of any kind ”

“ Everyone has the right to

Art.  
03

life,  
liberty

and security of person ”

“ No one shall be subjected to

Art.  
05

torture

or to cruel, inhuman  
or degrading treatment or punishment ”

“ Everyone has the right

Art.  
13

to leave

any country,  
including his own, and to return to his country ”

“ Everyone has the right to freedom of

Art.  
18

thought

conscience and religion ”

“ Everyone has the right to freedom of

Art.  
19

opinion

and expression ”

“ Everyone has the right to freedom of peaceful

Art.  
20

assembly

and association ”

“ The

Art.  
21

will of the  
people

shall be the basis  
of the authority of government ”

“ Everyone has the right to a standard of living  
adequate for the

Art.  
25

health

and well-being of himself and of his family ”

“ Everyone has the right to

Art.  
26

education

Education shall be free, at least  
in the elementary and fundamental stages ”

“ Everyone has the right freely to  
participate in the

Art.  
27

cultural  
life

of the community ”