All human beings are born free and equal in dignity and rights. Everyone is entitled to all the rights and freedoms set forth in this Declaration, without distinction of any kind, as to race, colour, sex, language, religion, political or other opinion, national or social origin, property, birth or other status. Everyone is protected against any discrimination, including discrimination in all matters connected with employment or occupation.

Everyone has the right to life, liberty and security of person. No one shall be subjected to torture or to cruel, inhuman or degrading treatment or punishment.

Everyone has the right to leave any country, including his own, and to return to his country. Everyone has the right to freedom of thought, conscience and religion. Everyone has the right to freedom of opinion and expression. Everyone has the right to freedom of peaceful assembly and association. Everyone has the right to participate in the cultural life of his community. Education shall be free, at least in the elementary and fundamental stages. The will of the people shall be the basis of the authority of government.

Universal Declaration of Human Rights

GANHRI
Global Alliance of National Human Rights Institutions

Promoting and Protecting Human Rights

70 Years
Universal Declaration of Human Rights