All human beings are born free and equal in dignity and rights.
Everyone is entitled to all the rights and freedom set forth in this Declaration without distinction of any kind.
Everyone has the right to life, liberty and security of person
No one shall be subjected to torture or to cruel, inhuman or degrading treatment or punishment.
Everyone has the right to freedom of movement and residence within the borders of each state.
Everyone has the right to leave any country, including his own, and to return to his country.
Everyone has the right to freedom of thought, conscience and religion.
Everyone has the right to freedom of opinion and expression
Everyone has the right to freedom of peaceful assembly and association
The will of the people shall be the basis of the authority of government.
“Everyone has the right to a standard of living adequate for the

and well-being of himself and of his family”
Everyone has the right to education

Education shall be free, at least in the elementary and fundamental stages
Everyone has the right freely to participate in the cultural life of the community