

“

All human beings are born

Art.

01

free and  
equal



in dignity and rights

”

“

Everyone is entitled to all the

Art.

02

rights and  
freedom



set forth in this Declaration  
without distinction of any kind

”

“

Everyone has the right to

Art.

03

life,  
liberty



and security of person

”

“

No one shall be subjected to

Art.

05

torture



or to cruel, inhuman  
or degrading treatment or punishment

”

“

Everyone has the right to freedom of

Art.

13

movement



and residence within the borders of each state

”

“

Everyone has the right

Art.

13

to leave



any country,  
including his own, and to return to his country

”

“

Everyone has the right to freedom of

Art.

18

th<sup>o</sup>ught



conscience and religion ”

“

Everyone has the right to freedom of

Art.

19

opinon



and expression

”



“

Everyone has the right to freedom of peaceful

Art.

20

assembly



and association

”

“

The

Art.

21

will of the  
people



shall be the basis  
of the authority of government

”

“

Everyone has the right to a standard of living adequate for the

Art.

25

health



and well-being of himself and of his family

”

“

Everyone has the right to

Art.

26

education



Education shall be free,  
at least in the elementary and fundamental stages ”

“

Everyone has the right freely to  
participate in the

Art.

27

cultural  
life



of the community ”



[www.ganhri.org](http://www.ganhri.org)

[www.standup4humanrights.org](http://www.standup4humanrights.org)

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